

YOUTH

MINISTRY at Holy Family

JUNIOR YOUTH

For all youth in
grades 3-5,
on every
2nd and 4th
Tuesday
of the month, from
6:00-7:30pm.

INTERMEDIATE YOUTH

For all youth in
grades 6-8,
on every
1st and 3rd
Tuesday of each
month from
6:00-7:30pm.

SENIOR YOUTH

Once a month
gatherings for all
youth in grades 9-12,
plus young adults.
Follow us on IG to
find out about our
next social!

GET CONNECTED

For Junior YG:
Text @amcquaid to
(613)699-6763

For the INT YG:
Text @f2ak9d to
(613)699-6763

For Senior Youth:
Text @b0eba4 to
(613)699-6763

YOUTH MISSION PROJECTS

August 2017 - Lima,
Peru!
Text @2017missio to
(613)699-6763 to get
updates and prayer
requests from your
Youth Mission Team!

Join the email list! Email
amanda@holyfamilycath
edral.ca

@HFYouCath



How can I help?

THE YM TEAM

We are recruiting for a team of young adults, adults, parents, and grandparents to be a part of the YM Team!

As a Team Member you would be asked to be involved in 1-2 youth based events per month. YM Team Members assist the Youth Minister with evangelization and development of youth community in the Church. Training, fellowship, prayer, and food are all provided!

Contact Amanda McQuaid to set up a meet and greet; text 306-717-0085.

PARENTS

Parents, we need your help too! You are a crucial part of Youth Group. Your help is needed in the following ways:

- Drop off/ pickup times: at least one parent (or responsible guardian) must come into the Church at the end of YG to sign out their youth and pickup any announcements from the Team (for JR/ INT YG only)
- Volunteering: Parents need to volunteer for 1-2 youth groups per semester as a small group leader (for JR/ INT YG only).

Winter 2017 training/ sign up date: January 24th, 6-7pm. Contact Amanda McQuaid for more information.

PRAYER

A prayer for Holy Family Youth Ministry:

Loving God, You sent your Son Jesus into this world to be an example to us all.

From a young age He followed Your will.

He preached, healed and led people to You.

He suffered, He died, He rose.

We pray for us, the members of the youth ministry of Holy Family Cathedral:

Give us knowledge, courage and a willing heart to be the disciples of today, to learn God's will, to share God's message and to be God's people.

To know, to love and to serve with youthful zeal.

Bless us with happiness, friendship, love, laughter, peace, hope, faith, achievement and direction.

Amen.

Holy Family of Nazareth - pray for us!